



# FOCUS:

BATTING, STRIKING, HITTING TO GAPS, RUNNING BETWEEN THE WICKETS

### **EQUIPMENT:**

ROPES, CONES, 2 BATS, RUBBER CRICKET BALL PER GROUP



#### **DESCRIPTION:**

- Split into groups of 5 across a large playing area.
- Within each group there is 1 wicket keeper, 2 batters, 1 bowler and 1 fielder.
- The ropes act as the batters crease line.
- The batters at the non-strikers end use the cones as their crease line.
- The batters need to hit a moving ball that is either bowled, rolled or under-armed by a parent or child.
- Batters should aim to hit into areas without fielders.
- Each batting pair shares 6 balls and if they hit the ball they must run.
- After 6 balls the participants all rotate.
- Wicketkeeper should stand a least 2 Yards behind the batter.

#### MAKE IT EASIER:

- Use a scorcher ball
- Roll the ball
- Decrease the playing area

# MAKE IT HARDER:

- Add in stumps at the strikers end. Batters can be bowled out.
- Increase the playing area



