

ACTIVITY / ROOKIE 6'S

FOCUS:

BATTING, BOWLING, FIELDING, TEAM WORK, GAME SENSE

EQUIPMENT:

1 RUBBER BALL, 2 BATS, 2 SETS OF STUMPS, CONES OR ROPES TO MARK BOUNDARIES.



DURATION: 20 MINUTES MAX.

DESCRIPTION:

- ▶ 2 teams of 6 players
- ▶ Each team bats for a total of 6 overs
- ▶ Batters bat in pairs for 2 overs.
- ▶ They can be out bowled, caught, run out, or stumped.
- ▶ When dismissed batsmen lose 3 runs from their team total, but continue to bat for the full two overs.
- ▶ Every player in the fielding team bowls 1 over
- ▶ Bowlers can bowl over or underarm
- ▶ Fielders rotate positions after each over, meaning they get 1 over at each position including bowler and wicketkeeper.

MAKE IT EASIER:

- ▶ Coach bowls
- ▶ Use a scorcher ball
- ▶ Batters have the option of hitting off a tee

MAKE IT HARDER:

- ▶ Overarm bowling only
- ▶ If batsman fails to score off three successive deliveries then it is minus 3 runs and batters switch ends

